FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL										
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TRAUTMAN JAY K						2. Issuer Name and Ticker or Trading Symbol CYTOKINETICS INC [CYTK]									Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) 280 EAS	(Fi		Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/01/2006									X Officer (give title Other (specify below) VP, Disc Biology & Technology						
(Street) SOUTH SAN FRANCISCO CA 94080					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate) (Zip)																		
			le I - N			_			quired, E)isp					-		Γ	1			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Execu (/Year) if any		A. Deemed xecution Date, any //onth/Day/Year)		Transaction Disposed Code (Instr. and 5)		ities Acquired d Of (D) (Instr.			Securit Benefic Owned	ties Fo cially (D In		m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount		A) or D)	Price				tr. 4)	(Instr. 4)		
Common	ı Stock										30,160			D							
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Executive or Exercise (Month/Day/Year) if any		med on Date, (Day/Year)	Code (Ir	l. Transaction Code (Instr.		n of l		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Insand 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	ly	Ownership Form: Direct (D) or Indirec (I) (Instr. 4)	Beneficial Ownership			
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	O N O	umber							
Incentive Stock Option (right to buy)	\$7.15	03/01/2006			A		2,500		03/01/2006 ⁽⁾	0	3/01/2016	Comn		2,500	\$0	2,500		D			
Non- Qualified Stock Option (right to buy)	\$7.15	03/01/2006			A		37,500		03/01/2006 ⁽⁻⁾	0	3/01/2016	Comn		7,500	\$0	37,500)	D			
Incentive Stock Option (right to buy)	\$1.2								07/10/2002 ⁽²	2) 0	7/10/2012	Comn		7,500		17,500)	D			
Incentive Stock Option (right to buy)	\$1.2								05/21/2003 ⁽³	3) 0	5/21/2013	Comn Stoc		2,500		12,500)	D			
Incentive Stock Option (right to buy)	\$6.5								04/08/2004 ⁽⁴	4) 0	3/08/2014	Comn		5,000		25,000)	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	ate	7. Title ar Amount of Securities Underlyir Derivative Security (and 4)	of s ng	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Incentive Stock Option (right to buy)	\$6.59							04/11/2005 ⁽⁵⁾	04/11/2015	Common Stock	30,000		30,000	D	
Incentive Stock Option (right to buy)	\$6.88							01/07/2006 ⁽⁶⁾	12/15/2015	Common Stock	21,504		21,504	D	
Non- Qualified Stock Option (right to buy)	\$6.88							01/07/2006 ⁽⁶⁾	12/15/2015	Common Stock	43,496		43,496	D	

Explanation of Responses:

- 1. When the ISO and NQ dated 03/01/2006 are combined for a total grant of 40,000 shares, the option shall vest and become exercisable as to 40,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2010.
- 2. This option is immediately exercisable upon grant and shall vest as to 15,625 shares on 06/03/03 and the balance of 46,875 divided into equal monthly installments thereafter such that the option shall be 100% vested on 06/03/06.
- 3. This option is immediately exercisable upon grant and shall vest as to 573 shares on 04/01/03 and the balance of 26,927 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/01/07.
- 4. This option shall vest and become exercisable as to 521 shares on 04/08/04 and the balance of 24,479 divided into equal monthly installments thereafter such that the option shall be 100% vested on 03/08/08.
- 5. This option shall vest and become exercisable as to 30,000 shares divided into equal monthly installments such that the option shall be 100% vested on 03/01/2009.
- 6. When the ISO and NQ dated 12/15/05 are combined for a total grant of 65,000 shares, the option shall vest and become exercisable as to 65,000 shares divided into equal monthly installments such that the option shall be 100% vested on 12/07/2009.

Jay K. Trautman, Ph.D. 03/03/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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